

KIRKLEES PREVENTION TEAM

ASDAN AWARDS AND 'ESCAPE' PARENTING PROGRAMME

News and updates - August 2010

Asdan

In addition to the YIP and YISP services offered by the prevention team, for the last 2 years the team has also been commissioned by a local high school, Batley Business and Enterprise College, to run the Asdan Short Course Award programme on their behalf.

The short course award offered is the Sport and Fitness Award and is run as a rolling programme of 6 weekly half day sessions throughout the school year. The young people are selected for the group by the school and are a selection of pupils from years 7 to 9 and can be selected for a number of reasons including below average attendance and/or achievement, special educational needs or displaying challenging behaviour during mainstream lessons.

The short courses are run by 2 prevention team staff members and are based on a balanced combination of practical sports activities and classroom based paper and research exercises. The flexible nature of the award allows each block of sessions to be tailored to the particular student group's needs and provides an excellent opportunity for pupils to work on practical skills such as balance and co-ordination, interpersonal skills through team activities and presentations as well as reading, writing and research skills.

To date 60 young people have completed the Asdan sports and fitness short course award through this scheme.



Escape Parenting Programme

The Prevention Team staff have a very diverse skills base and strive to continually improve the service that they offer young people and families engage with the Youth Inclusion Support Panel (YISP). One of the most recent additions to the programmes on offer through the YISP is the Escape Parenting Programme.

The Escape programme is a parent peer support programme offered by the YISP over a six weekly sessions, the timings of which are flexible to take into account childcare/work commitments etc of those parents attending.

The programme covers a wide variety of topics including empathy, situations and care and control and one of the recurring comments that has featured in feedback from those parents who have attending is how nice it is to discover other parents in similar situations and that they are not alone.

The YISP has successfully run 2 Escape groups with a total of 6 parents and is now looking at joint delivery of the programme with specialist parenting staff from the Youth Offending Team in order to enable this valued service to continue in the future.

For more information on the work of the Kirklees Prevention Team please contact us at:
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